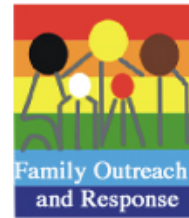




Rouge Valley
HEALTH SYSTEM



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Scarborough Early Intervention Partnership: Suspecting Psychosis Finding Support Conference May 30th 2007

Break Out Discussion Group Notes

Objectives of This Discussion

- To connect with people in the room, thereby potentially creating a more coordinated service/referral system
- Together, identify barriers to accessing services
- Brainstorm solutions to breaking down these existing barriers
- Pinpoint specifically what we can do individually and collectively to address the barriers

Below is a breakdown of service barriers that exist in the system, in ourselves, and in society at large.

Service System

- rigid boundaries
- money, resources
- no overlap
- lack of knowledge (silos) ***
 - o in Early Intervention programs
 - o in schools
 - o in your organizations
- huge waiting lists
- distance
- G.P. referral – don't have this; 12-page forms
- Person not wanting services => work with person to develop rapport
- Concurrent disorders – coordinated effort

Me

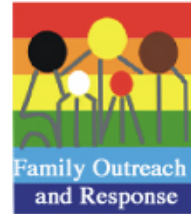
- thinking I can't help => listening
- my goals vs. their goals – who's agenda
- not my job
- deciding prognosis
- triggers me
- not being judgmental



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- my limitations – over-extending myself
- asking for help
- quick to label, diagnosis
- self-care
- too quick to offer “solutions”

Society

- language – finding common language
 - o labeling people – “mental”, “crazy”
- Mental Health Act – traumatic early interventions, physical, police, restraints, chemical
- Stigma, discrimination – leads to lack of knowledge
- Fear
- Education – person, family, community
 - o Culturally appropriate
 - o Accessible*
 - o Myths – how to approach people
 - o Social
 - o Broader level – education reform, school system