

Final Assignment – Students' Mental Health Recovery Projects Summer, 2005

- A project to look at **how racism affects the diagnosis and treatment** of individuals who have been “deemed to be mentally ill” and develop a **treatment model** within a recovery paradigm that **reflects the reality** of racialized groups, specifically **blacks**.
- A **research project** to explore the **applicability of the recovery approach** to our **Canadian ethnically diverse population**. The purpose of the study will be to explore the perspectives of service providers who work with racially diverse client populations and the stories of the clients themselves, in attempts to determine if the recovery approach is equally beneficial to survivors from various ethnic backgrounds.
- A project to examine and evaluate a **community mental health program (intensive case management)** which aims to work from a recovery-based model but needs to become more recovery-oriented, eg. education of staff, hiring of peer support workers, changes in language and charting of assessments.
- A project to critically examine **Assertive Community Treatment Teams** as a mental health program in the community, examining them within the perspectives of the traditional medical model and a mental health recovery paradigm.
- A project to critically examine the **CMHA case management program**, including a detailed plan for a recovery-oriented case management program. Some areas to be addressed: admission criteria for CM services, intake interview, service plan, crisis plan, discharge plan, the structure of the CM team, and mandatory training for all staff.
- A project to examine **CAS practice** with respect to **working with parents** who get involved with child welfare as a result of their **mental health issues**. I want to explore how the lives of these parents, their children and their families could differ and be enhanced if a mental health recovery perspective was adopted.
- A project to develop a **recovery-based Peer Support Drop-In Centre**, run by c/s, that serves individuals who are **homeless or without a fixed address**, and live with mental health issues.
- A project to critique the use of the traditional medical model in **mental health social work** and suggest a **more critical approach to practice** suitable for community-based organizations.

- A project to improve the **telephone support line service at CAMH** with respect to adapting a recovery-based peer support model as a framework for practice.
- A multi-use **community centre for consumer/survivors to develop and use expressive arts** and gain knowledge and skills re mental health services, in a recovery-oriented environment.
- A project to apply recovery principles to an existing **low income single mothers support group**.
- A project to explore implementing a mental health recovery framework within a **supported housing model**.
- A project to implement mental health recovery principles within a “**Family Visit Centre**” program at **Peel Children’s Aid Society**
- A project to look at **mental health** and its connections with the **legal system from a policy perspective**.
- A project to **review mental health recovery research** – to look at what studies are available for people to read and use regarding the recovery model, and how all this information led to the existing policies regarding mental health.
- A project to implement a **family education and support group** for families struggling with mental health issues.